

## Overview

### Useful For

May aid in the classification of pituitary adenomas

### Reflex Tests

| Test Id | Reporting Name            | Available Separately | Always Performed |
|---------|---------------------------|----------------------|------------------|
| IHTOI   | IHC Initial, Tech Only    | No                   | No               |
| IHTOA   | IHC Additional, Tech Only | No                   | No               |

### Testing Algorithm

For the initial technical component only immunohistochemical (IHC) stain performed, the appropriate bill-only test ID will be reflexed and charged (IHTOI). For each additional technical component only IHC stain performed, an additional bill-only test ID will be reflexed and charged (IHTOA).

### Method Name

Immunohistochemistry (IHC)

### NY State Available

Yes

## Specimen

### Specimen Type

TECHONLY

### Ordering Guidance

This test includes only technical performance of the stain (no pathologist interpretation is performed). If diagnostic consultation by a pathologist is required, order PATHC / Pathology Consultation.

### Shipping Instructions

Attach the green pathology address label and the pink Immunostain Technical Only label included in the kit to the outside of the transport container.

### Specimen Required

**Specimen Type:** Tissue

**Supplies:** Immunostain Technical Only Envelope (T693)

**Container/Tube:** Immunostain Technical Only Envelope

**Preferred:**

# Test Definition: AFSH

Alpha Follicle Stimulating Hormone  
Immunostain, Technical Component Only

-Formalin-fixed, paraffin-embedded tissue block  
OR  
-2 Unstained, positively charged glass slides (25- x 75- x 1-mm) per test ordered; sections 4-microns thick  
**Acceptable:** None

## Digital Image Access

- 1. Information on accessing digital images of immunohistochemical (IHC) stains and the manual requisition form can be accessed through this website: <https://news.mayocliniclabs.com/ihc-stains/>
- 2. Clients ordering stains using a manual requisition form will not have access to digital images.
- 3. Clients wishing to access digital images must place the order for IHC stains electronically. Information regarding digital imaging can be accessed through this website: <https://news.mayocliniclabs.com/ihc-stains/#FAQ>

## Forms

If not ordering electronically, complete, print, and send a [Immunohistochemical \(IHC\)/In Situ Hybridization \(ISH\) Stains Request](#) (T763) with the specimen.

## Reject Due To

|   |        |
|---|--------|
| Wet/frozen tissue<br>Cytology smears<br>Nonformalin fixed tissue<br>Nonparaffin embedded tissue<br>Noncharged slides<br>ProbeOn slides<br>Snowcoat slides | Reject |
|---|--------|

## Specimen Stability Information

| Specimen Type | Temperature         | Time | Special Container |
|---------------|---------------------|------|-------------------|
| TECHONLY      | Ambient (preferred) |      |                   |
|               | Refrigerated        |      |                   |

## Clinical & Interpretive

### Clinical Information

Follicle stimulating hormone (FSH) alpha subunit is a component common to all glycoprotein hormones produced by the

anterior pituitary (luteinizing hormone, thyroid-stimulating hormone, and FSH). Glycoprotein hormone-producing cells (approximately 30% of the total cell population) in normal pituitary stain in a cytoplasmic pattern. Immunohistochemical detection of alpha-FSH may be useful in the classification of pituitary adenomas.

**Interpretation**

This test does not include pathologist interpretation, only technical performance of the stain. If interpretation is required, order PATHC / Pathology Consultation for a full diagnostic evaluation or second opinion of the case.

The positive and negative controls are verified as showing appropriate immunoreactivity and documentation is retained at Mayo Clinic Rochester. If a control tissue is not included on the slide, a scanned image of the relevant quality control tissue is available upon request, call 855-516-8404.

Interpretation of this test should be performed in the context of the patient's clinical history and other diagnostic tests by a qualified pathologist.

**Cautions**

Age of a cut paraffin section can affect immunoreactivity. Stability thresholds vary widely among published literature and are antigen dependent. Best practice is for paraffin sections to be cut within 6 weeks.

The charge of glass slides can be affected by environmental factors and subsequently may alter slide staining. Sending unsuitable glass slides can result in inconsistent staining due to poor slide surface chemistry.

Best practices for storage of positively charged slides:

- Minimize time slides are stored after being unpackaged
- Limit exposure to high humidity and heat
- Minimize exposure to plastics

**Clinical Reference**

1. Hamid Z, Mrak RE, Ijaz MT, Faas FH. Sensitivity and specificity of immunohistochemistry in pituitary adenomas. *The Endocrinologist*. 2009;19(1):38-43
2. Osamura RY, Kajiya H, Takei M, et al. Pathology of the human pituitary adenomas. *Histochem Cell Biol*. 2008;130(3):495-507
3. Osamura RY, Watanabe K. Immunohistochemical studies of human FSH producing pituitary adenomas. *Virchows Arch A Pathol Anat Histopathol*. 1988;413(1):61-68
4. Pawlikowski M, Pisarek H, Kubiak R, Jaranowska M, Stepień H. Immunohistochemical detection of FSH receptors in pituitary adenomas and adrenal tumors. *Folia Histochem Cytobiol*. 2012;50(3):325-330
5. Magaki S, Hojat SA, Wei B, So A, Yong WH. An introduction to the performance of immunohistochemistry. *Methods Mol Biol*. 2019;1897:289-298. Doi:10.1007/978-1-4939-8935-5\_25

**Performance****Method Description**

Immunohistochemistry on sections of paraffin-embedded tissue.(Unpublished Mayo method)

PDF Report

No

Day(s) Performed

Monday through Friday

Report Available

1 to 3 days

Specimen Retention Time

Until staining is complete.

Performing Laboratory Location

Mayo Clinic Laboratories - Rochester Main Campus

Fees & Codes

Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

CPT Code Information

88342-TC, primary  
88341-TC, if additional IHC

LOINC® Information

| Test ID | Test Order Name          | Order LOINC® Value   |
|---------|--------------------------|----------------------|
| AFSH    | Alpha FSH IHC, Tech Only | Order only;no result |

| Result ID | Test Result Name         | Result LOINC® Value  |
|-----------|--------------------------|----------------------|
| 71849     | Alpha FSH IHC, Tech Only | Bill only; no result |