

## Overview

### Useful For

Detecting cervical carcinoma or intraepithelial lesions when screening women for possible cervical neoplasia

### Reflex Tests

Test Id	Reporting Name	Available Separately	Always Performed
TPDPC	Physician Interp Diagnostic	No	No

### Testing Algorithm

If ThinPrep Pap results are abnormal, a pathologist will review the case at an additional charge.

### Special Instructions

- [Gyn-Cytology Patient Information](#)

### Method Name

ThinPrep Pap Cytology Screening by Light Microscopy

### NY State Available

Yes

## Specimen

### Specimen Type

Varies

### Ordering Guidance

1. Mayo Clinic Laboratories' clients need prior laboratory approval to order cytology testing.
2. If the patient has **not** been previously diagnosed with an abnormal Pap result or is at high risk, consider ordering the screening test TPRPS / ThinPrep Screen, Varies.
3. Specimens submitted as endocervical curettage or endocervical brushing need to be ordered as CYTNG / Cytology Non-Gynecologic, Varies.

### Necessary Information

1. An acceptable cytology request form must accompany specimen containers and include the following: patient's name, medical record number, date of birth, sex, source (exact location and procedure used), date specimen was taken, name of ordering physician and pager number.
2. Submit any pertinent history or clinical information.

### Specimen Required

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**Patient Preparation:** For optimal interpretation, Pap smears should be collected near the middle of the menstrual cycle. Avoid douching, lubricant use, or sexual intercourse for 24 hours prior to specimen collection.

**Only 1 aliquot may be removed from PreservCyt sample vial** prior to performing the ThinPrep Pap test, regardless of the volume of the aliquot (maximum aliquot volume: 4 mL).

**Submit only 1 of the following specimens:**

**Specimen Type:** Cervical

**Supplies:** Thin Prep Media with Broom Kit (T056)

**Container/Tube:** ThinPrep

**Specimen Volume:** 16 mL

**Collection Instructions:**

1. Obtain adequate sampling from cervix using a broom-like collection device. If desired, use lukewarm water to warm and lubricate the speculum. Insert the central bristles of the broom into the endocervical canal deep enough to allow the shorter bristles to fully contact the ectocervix. Push gently and rotate the broom in a clockwise direction 5 times.
2. Rinse the broom as quickly as possible into the PreservCyt solution vial by pushing broom into bottom of vial 10 times, forcing the bristles apart.
3. As a final step, swirl broom vigorously to further release material. Discard the collection device.
4. Tighten cap on vial so that the torque line on the cap passes the torque line on the vial.
5. **Specimen vial must be labeled with a minimum of 2 unique identifiers** (patient's name and medical record number or date of birth).
6. Bag ThinPrep specimens individually as they have a tendency to leak during transport.
7. Place labels on the vial and on the bag.

**Specimen Type:** Ectocervix and endocervix

**Supplies:** Thin Prep Media with Spatula and Brush Kit (T434)

**Container/Tube:** ThinPrep

**Specimen Volume:** 16 mL

**Collection Instructions:**

1. Obtain an adequate sampling from the ectocervix using a plastic spatula. If desired, use lukewarm water to warm and lubricate the speculum. Select contoured end of plastic spatula and rotate it 360 degrees around the entire exocervix while maintaining tight contact with exocervical surface.
2. Rinse spatulas quickly as possible into the PreservCyt solution vial by swirling spatula vigorously in vial 10 times. Discard the spatula.
3. Next, obtain an adequate specimen from endocervix using an endocervical brush device. Insert the brush into the cervix until only the bottommost fibers are exposed. Slowly rotate one-quarter or one-half turn in one direction. **Do not over-rotate.**
4. Rinse the brush as quickly as possible in the PreservCyt solution by rotating the device in the solution 10 times while pushing against the PreservCyt vial wall.
5. Swirl brush vigorously as final step to further release material. Discard the brush.
6. Tighten the cap so that the torque line on the cap passes the torque line on the vial.
7. **Specimen vial must be labeled with a minimum of 2 unique identifiers** (patient's name and medical record number or date of birth).
8. Bag ThinPrep specimens individually as they have a tendency to leak during transport.

9. Place labels on the vial and on the bag.

**Forms**

[Gyn-Cytology Patient Information](#) (T601)

**Specimen Minimum Volume**

See Specimen Required

**Reject Due To**

SurePath vial	Reject
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**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Varies	Ambient (preferred)	42 days	THIN PREP
	Refrigerated	42 days	THIN PREP

**Clinical & Interpretive****Clinical Information**

The ThinPrep Pap test is an alternative preparation method for the cervical Pap screening test. The method utilizes a liquid-based technique that replaces the direct smear method of the conventional Pap screen. This method is one of several technologies developed to improve visualization of cellular material by reducing smearing trauma, air drying artifact, and obscuring blood and inflammation. In addition, variability in smearing technique is eliminated as the majority of processing and preparation is performed in the laboratory under controlled conditions.

Squamous cell carcinoma of the cervix is believed to develop in progressive stages from normal through precancerous (dysplastic) stages, to carcinoma in situ, and eventually invasive carcinoma. This sequence is felt to develop over a matter of years in most patients.

Follow-up of the cervical Pap abnormality atypical squamous cells of undetermined significance is costly and frustrating to patients and clinicians because a large percentage of these patients have normal colposcopic and biopsy findings. Yet, a significant percentage (10%-15%) will have an underlying high-grade squamous intraepithelial lesion.

**Reference Values**

Satisfactory for evaluation. Negative for intraepithelial lesion or malignancy.

**Note:** Abnormal results will be reviewed by a pathologist at an additional charge.

**Interpretation**

Standard reporting, as defined by the Bethesda System is utilized.(1)

**Cautions**

The Pap test is a screening test for cervical cancer with inherent false-negative results. A negative human papillomavirus (HPV) test or Pap smear result does not preclude the presence of carcinoma or intraepithelial lesion. The false-negative

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rates of the Pap test range from 15% to 30%.

### **Supportive Data**

Studies have shown overall increased adequacy (as measured by decreased "unsatisfactory" and "satisfactory but limited by" rates) as compared to the conventional smear method. Some studies showing increased detection rates for epithelial cell abnormalities (low-grade squamous intraepithelial lesions and high-grade squamous intraepithelial lesions) as well as decreased indeterminate rates (atypical squamous cells of undetermined significance and atypical glandular cells of undetermined significance) have been reported in both split specimen (ThinPrep and conventional smears) and direct-to-vial comparison studies.

### **Clinical Reference**

1. Nayar R, Wilbur DC, eds The Bethesda System for Reporting Cervical Cytology: Definitions, Criteria, and Explanatory Notes. 3rd ed. Springer; 2015
2. Austin RM, Ramzey I: Increased detection of epithelial cell abnormalities by liquid-based gynecologic cytology preparations. A review of accumulated data. *Acta Cytol.* 1998 Feb;42(1):178-184
3. Guidos BJ, Selvaggi SM: Use of the ThinPrep Pap test in clinical practice. *Diagn Cytopathol.* 1999 Feb;20(2):70-73
4. Kurman RJ, Solomon D: The Bethesda System for Reporting Cervical/Vaginal Cytologic Diagnoses: Definitions, Criteria, and Explanatory Notes for Terminology and Specimen Adequacy. Springer-Verlag; 1994
5. Gay JD, Donaldson LD, Goellner JR: False-negative results in cervical cytologic studies. *Acta Cytol.* 1985 Nov-Dec;29(6):1043-1046
6. Saslow D, Solomon D, Lawson HW, et al: American Cancer Society, American Society for Colposcopy and Cervical Pathology, and American Society for Clinical Pathology screening guidelines for the prevention and early detection of cervical cancer. *J Low Genit Tract Dis.* 2012 Jul;16(3):175-204

## **Performance**

### **Method Description**

The ThinPrep Pap specimen is processed on a T2000 or T3000 processor, producing a slide that is stained with a Papanicolaou stain. The stained slides are examined microscopically.(Instruction manuals: ThinPrep 2000 System, Cytvc, Marlboro, MA; ThinPrep 3000 Processor, Cytvc, Marlboro, MA)

### **PDF Report**

No

### **Day(s) Performed**

Monday through Friday

### **Report Available**

5 to 8 days

### **Specimen Retention Time**

14 days after report issued

### **Performing Laboratory Location**

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Mayo Clinic Laboratories - Rochester Main Campus

## Fees & Codes

### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

### Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

### CPT Code Information

88142

88141 (if appropriate)

### LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
TPRPD	ThinPrep Diagnostic	47527-7

Result ID	Test Result Name	Result LOINC® Value
71311	Interpretation	69965-2
71312	Participated in the Interpretation	No LOINC Needed
71313	Report electronically signed by	19139-5
71314	Addendum	35265-8
71315	Gross Description	22634-0
CY022	Pap Test Source	22633-2
CY023	Clinical History	22636-5
CY024	Menstrual Status (LMP, PM, Pregnant)	8678-5
CY025	Hormone Therapy/Contraceptives	8659-5
71575	Disclaimer	62364-5
71821	Case Number	80398-1