

## Overview

### Useful For

Aiding in the diagnosis of *Coxiella burnetii* infection (eg, Q fever) using tissue specimens

### Testing Algorithm

For more information see [Infective Endocarditis: Diagnostic Testing for Identification of Microbiological Etiology](#)

### Special Instructions

- [Infective Endocarditis: Diagnostic Testing for Identification of Microbiological Etiology](#)

### Method Name

[Real-Time Polymerase Chain Reaction \(PCR\)](#)

### NY State Available

Yes

## Specimen

### Specimen Type

Varies

### Necessary Information

**Specimen source is required.**

### Specimen Required

The high sensitivity of amplification by polymerase chain reaction requires the specimen to be processed in an environment in which contamination of the specimen by *Coxiella burnetii* DNA is unlikely.

### Submit only 1 of the following specimens:

**Specimen Type:** Fresh tissue or biopsy

**Sources:** Lung, bone, liver, heart valve, aorta, or endocardium

**Container/Tube:** Sterile container

**Specimen Volume:** Entire collection or 5 mm(3) - approximately the size of a pencil eraser

### Collection Instructions:

1. Collect fresh tissue specimen.
2. Submit tissue only, do not add fluid to tissue
3. Refrigerate or freeze specimen.

**Specimen Stability Information:** Refrigerated (preferred) <7 days/ Frozen <7 days

**Preferred Paraffin-embedded tissue block:**

**Specimen Type:** Formalin-fixed, paraffin-embedded tissue block (FFPE)

**Sources:** Lung, bone, liver, heart valve, aorta, or endocardium

**Supplies:** Tissue Block Container (T553)

**Container/Tube:** Tissue block

**Collection Instructions:** Submit a formalin-fixed, paraffin-embedded tissue block to be cut and returned.

**Specimen Stability Information:** Ambient (preferred)/Refrigerated

**Acceptable Paraffin-embedded tissue block:**

**Specimen Type:** Formalin-fixed, paraffin-embedded tissue block (FFPE)

**Sources:** Lung, bone, liver, heart valve, aorta, or endocardium

**Container/Tube:** Sterile container for each individual cut section (scroll).

**Collection Instructions:** Perform microtomy and prepare 5 separate 10-micron sections. **Each section (scroll) must be placed in a separate sterile container for submission.**

**Specimen Stability Information:** Ambient (preferred)/Refrigerated

**Forms**

If not ordering electronically, complete, print, and send a [Microbiology Test Request](#) (T244) with the specimen.

**Specimen Minimum Volume**

Fresh tissue or biopsy: 5 mm(3)

Paraffin-embedded tissue block: two 10-micron sections

**Reject Due To**

Tissue in formalin formaldehyde, or acetone Bone marrow Decalcified bone Unstained slides	Reject
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**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Varies	Varies		

**Clinical & Interpretive**

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**Clinical Information**

*Coxiella burnetii*, the causative agent of Q fever, is a small obligate intracellular bacterium associated with animals. Acquired through aerosol exposure, it generally causes mild respiratory disease. A small number of acute cases advance to a chronic infection, which typically manifests as endocarditis. Left untreated, Q fever endocarditis may be fatal. Serologic and histopathologic studies may be nonspecific and subjective, respectively, limiting usefulness for patient diagnosis.

Evaluation of infected tissue, blood, or serum using polymerase chain reaction (PCR) may be a useful tool for diagnosing some cases of *C burnetii* infection. Mayo Clinic Laboratories has developed a real-time PCR test that rapidly detects *C burnetii* DNA in clinical specimens by targeting a sequence of the shikimate dehydrogenase gene (*aroE*) unique to *C burnetii*.

**Reference Values**

Not applicable

**Interpretation**

A positive result indicates the presence of *Coxiella burnetii* DNA.

A negative result indicates the absence of detectable *C burnetii* DNA, but it does not negate the presence of the organism and may occur due to inhibition of polymerase chain reaction, sequence variability underlying primers or probes, or the presence of *C burnetii* DNA in quantities less than the limit of detection of the assay.

**Cautions**

Test results should be used as an aid in diagnosis and not be considered diagnostic in themselves. A single assay should not be used as the only criteria to form a clinical conclusion, but results should be correlated with patient symptoms and clinical presentation. A negative result does not negate the presence of the organism or active disease.

**Supportive Data**

This assay was clinically validated in a blinded manner using 52 archived, formalin-fixed, paraffin-embedded heart valve specimens from patients with endocarditis. A single sample determined to contain polymerase chain reaction (PCR) inhibitors was omitted from the final analysis set. Compared with existing diagnostic data, PCR had a sensitivity of 100% (8/8) and specificity of 100% (43/43). All samples were assayed with a second PCR assay targeting the IS1111 element.(1) Complete concordance was noted between the 2 assays ( $P > 0.999$ ). The limit of detection of the assay is 216 targets/mcL for fresh tissue and estimated (by Probit analysis) to be 9.7 targets/mcL in formalin-fixed paraffin-embedded tissue.

**Clinical Reference**

1. Frangoulidis D, Meyer H, Kahlhofer C, Splettstoesser WD: 'Real-time' PCR-based detection of *Coxiella burnetii* using conventional techniques. FEMS Immunol Med Microbiol 2012 Feb;64(1):134-136.
2. Liesman RM, Pritt BS, Maleszewski JJ, Patel R. Laboratory diagnosis of infective endocarditis. J Clin Microbiol. 2017 Sep;55(9):2599-2608. doi: 10.1128/jcm.00635-17.
3. Kersh GJ, Bleeker-Rovers CP: Coxiella: Evaluation, interpretation, and reporting results. In: Carroll K, Pfaller M, eds. Manual of Clinical Microbiology. 12th ed. ASM Press; 2019:1185-1186.
4. Anderson A, Bijlmer H, Fournier PE, et al: Diagnosis and management of Q fever-United States, 2013: recommendations from CDC and the Q Fever Working Group. MMWR Recomm Rep 2013;62(RR-03):1-30.

## Performance

### Method Description

Bacterial nucleic acid is extracted from the specimen using the automated MagNA Pure instrument. The purified DNA is placed on the LightCycler instrument, which amplifies and monitors by fluorescence the development of target nucleic sequences after each PCR cycle. A specific target sequence from *Coxiella burnetii* is amplified and the resulting segment is detected using specific hybridization probes. Detection of the *C burnetii* target is performed through melting curve analysis using the LightCycler software. (Cockerill FR, Uhl FR: Applications and challenges of real-time PCR for the clinical microbiology laboratory. In: Reischl U, Wittwer C, Cockerill F, eds. Rapid Cycle Real-Time PCR, 2002:3-27; Kersh GJ, Bleeker-Rovers CP: Coxiella. In: Carroll K, Pfaller M, eds. Manual of Clinical Microbiology. 12th ed. ASM Press; 2019:1180-1188)

### PDF Report

No

### Day(s) Performed

Monday through Friday

### Report Available

2 to 7 days

### Specimen Retention Time

7 days

### Performing Laboratory Location

Mayo Clinic Laboratories - Rochester Main Campus

## Fees & Codes

### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

### Test Classification

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. It has not been cleared or approved by the US Food and Drug Administration.

### CPT Code Information

87798

## Test Definition: CBRP

Coxiella burnetii (Q Fever), Molecular  
Detection, PCR, Varies

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### LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
CBRP	Coxiella burnetii (Q fever) PCR	90442-5

Result ID	Test Result Name	Result LOINC® Value
SRCQF	Specimen Source	31208-2
62193	Coxiella burnetii PCR	90442-5