

Test Definition: EOSU1

Eosinophils, Random, Urine

Overview

Useful For

Investigation of possible acute interstitial nephritis

Method Name

Hansel Stain

NY State Available

Yes

Specimen

Specimen Type

Urine

Specimen Required

Container/Tube: Unstained cytospin slide

Specimen Volume: 1 slide **Collection Instructions:**

- 1. Collect a random urine specimen.
- 2. Centrifuge 10 mL of a random urine collection.
- 3. Pour off supernatant. Assess urine sediment for presence of white blood cells (WBC). If no WBC are seen, the eosinophil test cannot be performed. If WBC are present, prepare slides using the centrifuged sediment.
- 4. The unstained slide should be prepared within 2 hours of collection. Only an unstained slide will be accepted. **Any other specimen, including the raw urine specimen, will be rejected**.
- 5. Centrifuge urine in cytospin centrifuge at speed of 750 rpm for 5 minutes.
- 6. Slides need to be labeled with patient name and date of birth
- 7. Guidelines for slide preparation. Use the sediment to prepare slides as follows:
- a. 150 mcL of sample for 1 to 3 WBC/high power field (hpf)
- b. 100 mcL of sample for moderate to normal sediment (<50 cell/hpf)
- c. 50 mcL of sample for heavier sediment (>50 cells/hpf)
- d. 25 mcL for packed fields of sediment

Forms

If not ordering electronically, complete, print, and send a Renal Diagnostics Test Request (T830) with the specimen.

Specimen Minimum Volume

See Specimen Required

Reject Due To



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Stained slides	Reject
Urine aliquots	

Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Urine	Ambient (preferred)	14 days	SLIDE
	Refrigerated	14 days	SLIDE
	Frozen	14 days	SLIDE

Clinical & Interpretive

Clinical Information

Eosinophils are white blood cells that normally do not appear in urine. The presence of eosinophils in the urine is seen in acute interstitial nephritis, which is caused by an allergic reaction, typically to drugs.

Reference Values

0%

Interpretation

Results of greater than 5% eosinophils are indicative of acute interstitial nephritis; results between 1% and 5% eosinophils are indeterminant.

Cautions

No significant cautionary statements

Clinical Reference

- 1. Hansel FK. In: Clinical Allergy. CV Mosby Company; 1953
- 2. Brunzel NA. Microscopic examination of urine sediment. In: Fundamentals of Urine and Body Fluid Analysis. 4th ed. Saunders; 2017:141
- 3. Muriithi AK, Leung N, Valeri AM, et al. Biopsy-proven acute interstitial nephritis, 1993-2011: a case series. Am J Kidney Dis. 2014;64(4):558-566. doi:10.1053/j.ajkd.2014.04.027

Performance

Method Description

Hansel stain.(Brunzel NA, ed: Microscopic examination of urine sediment. In: Fundamentals of Urine and Body Fluids Analysis. 3rd ed. Elsevier; 2012:171-172)

PDF Report

No

Day(s) Performed



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Monday through Sunday

Report Available

Same day/1 day

Specimen Retention Time

Urine: 2 days; Slide: 7 days

Performing Laboratory Location

Mayo Clinic Laboratories - Rochester Main Campus

Fees & Codes

Fees

- Authorized users can sign in to <u>Test Prices</u> for detailed fee information.
- Clients without access to Test Prices can contact <u>Customer Service</u> 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact <u>Customer Service</u>.

Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

CPT Code Information

85999

LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
EOSU1	Eosinophils, U	32014-3

Result ID	Test Result Name	Result LOINC® Value
EOSU1	Eosinophils, U	In Process