

## Overview

### Useful For

Assessing nutritional status

Aiding in the diagnosis of multiple sclerosis when used in conjunction with serum IgG, and cerebrospinal fluid IgG and albumin concentrations

### Method Name

Only orderable as part of profile. For more information see: SFIG / Cerebrospinal Fluid (CSF) IgG Index Profile, Serum and Spinal Fluid.

Photometric

### NY State Available

Yes

## Specimen

### Specimen Type

Serum

### Specimen Required

Only orderable as part of profile. For more information see: SFIG / Cerebrospinal Fluid (CSF) IgG Index Profile, Serum and Spinal Fluid.

### Collection Container/Tube:

**Preferred:** Serum gel

**Acceptable:** Red top

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 1 mL

### Collection Instructions:

1. Serum gel tubes should be centrifuged within 2 hours of collection.
2. Red-top tubes should be centrifuged, and the serum aliquoted into a plastic vial within 2 hours of collection.

### Specimen Minimum Volume

0.5 mL

### Reject Due To

Gross	Reject
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hemolysis	
Gross lipemia	OK
Gross icterus	OK

### Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	14 days	
	Frozen	120 days	
	Ambient	7 days	

### Clinical & Interpretive

#### Clinical Information

Albumin is a carbohydrate-free protein, which constitutes 55% to 65% of total plasma protein. It maintains oncotic plasma pressure, is involved in the transport and storage of a wide variety of ligands, and is a source of endogenous amino acids. Albumin binds and solubilizes various compounds, including bilirubin, calcium, long-chain fatty acids, toxic heavy metal ions, and numerous pharmaceuticals.

Hypoalbuminemia is caused by several factors: impaired synthesis due either to liver disease (primary) or due to diminished protein intake (secondary), increased catabolism as a result of tissue damage and inflammation, malabsorption of amino acids, and increased renal excretion (eg, nephrotic syndrome).

Measurement of albumin in serum is helpful when paired with albumin measured in cerebrospinal fluid (CSF) along with total IgG in serum and CSF as an aid in evaluating multiple sclerosis and other conditions where the integrity of the blood brain barrier is reviewed. The combination of these four analytes is referred to as CSF IgG index.

#### Reference Values

Only orderable as part of profile. For more information see: SFIG / Cerebrospinal Fluid (CSF) IgG Index Profile, Serum and Spinal Fluid.

> or =12 months: 3500-5000 mg/dL

Reference values have not been established for patients who are <12 months of age.

#### Interpretation

Hyperalbuminemia is of little diagnostic significance except in the case of dehydration. When plasma or serum albumin values fall below 2.0 g/dL, edema is usually present.

#### Cautions

Albumin concentration determined by the bromocresol green method may not be identical to the albumin concentration determined by electrophoresis.

#### Clinical Reference

1. Rifai N, Horvath AR, Wittwer CT, eds. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 6th ed. Elsevier;

2018

2. Peters T, Jr: Serum albumin. In: Putnam F, ed. The plasma proteins. Vol 1. 2nd ed. Academic Press; 1975

## Performance

### Method Description

The dye, bromocresol green (BCG), is added to serum in an acid buffer. The color intensity of the blue-green albumin-BCG complex is directly proportional to the albumin concentration and is determined photometrically. (Package insert: Roche Albumin reagent. Roche Diagnostics; 03/2015)

### PDF Report

No

### Day(s) Performed

Monday through Sunday

### Report Available

Same day/1 day

### Specimen Retention Time

1 week

### Performing Laboratory Location

Rochester

## Fees & Codes

### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

### Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

### CPT Code Information

82040

### LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
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ALBS1	Albumin, S	1751-7
Result ID	Test Result Name	Result LOINC® Value
ALB_S	Albumin, S	1751-7