

## Overview

### Useful For

Diagnosing protein-losing enteropathies

### Profile Information

Test Id	Reporting Name	Available Separately	Always Performed
AATS	Alpha-1-Antitrypsin, S	No	Yes
A1ATF	Alpha-1-Antitrypsin, 24 Hr, F	No	Yes

### Method Name

Nephelometry

### NY State Available

Yes

## Specimen

### Specimen Type

Fecal

Serum

### Ordering Guidance

The recommended procedure for protein-losing enteropathy is A1AFS / Alpha-1-Antitrypsin Clearance, Feces and Serum.

### Shipping Instructions

Feces and serum should be shipped together. Specimens shipped separately may delay testing.

### Specimen Required

**Both feces and serum are required.** Blood **must** be drawn during the stool collection period.

**Specimen Type:** Serum

**Supplies:** Sarstedt Aliquot Tube, 5 mL (T914)

**Collection Container/Tube:** Red top or serum gel

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 1 mL

**Collection Instructions:** Within 2 hours of collection, centrifuge and aliquot serum into a plastic vial

**Specimen Type:** Feces**Supplies:** Stool Containers - 24, 48, 72 Hour Kit (T291)**Container/Tube:** Stool container**Specimen Volume:** Entire collection**Collection Instructions:**

1. Collect a 24-hour fecal collection.
2. If no specimen is obtained within 24 hours, extend collection time to 48 to 72 hours. Document duration.

**Forms**

If not ordering electronically, complete, print, and send a [Gastroenterology and Hepatology Test Request](#) (T728) with the specimen.

**Specimen Minimum Volume**

Homogenized feces: 1 mL; Serum: 0.5 mL

**Reject Due To**

Gross hemolysis	OK
Gross lipemia	Reject
Gross icterus	OK
Feces collected in any preservative or fixative	Reject

**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Fecal	Frozen (preferred)	14 days	
	Ambient	14 days	
	Refrigerated	14 days	
Serum	Frozen (preferred)	28 days	
	Ambient	28 days	
	Refrigerated	28 days	

**Clinical & Interpretive****Clinical Information**

Alpha-1-antitrypsin (AAT) is a 54-kDa glycoprotein that is resistant to degradation by digestive enzymes and is, therefore, used as an endogenous marker for the presence of blood proteins in the intestinal tract. AAT clearance is reliable for measuring protein loss distal to the pylorus. A serum sample is required to interpret results as a serum deficiency of AAT would make the AAT fecal excretion lower and could invalidate the test utility.

Gastrointestinal protein enteropathy has been associated with regional enteritis, sprue, Whipple intestinal lipodystrophy, gastric carcinoma, allergic gastroenteropathy, intestinal lymphangiectasia, constrictive pericarditis, congenital hypogammaglobulinemia, and iron deficiency anemia associated with intolerance to cow's milk. Increased fecal excretion of AAT can be found in small and large intestine disease and is applicable to adult and children.

### Reference Values

CLEARANCE:

< or =27 mL/24 h

FECAL ALPHA-1-ANTRYPSIN CONCENTRATION:

< or =54 mg/dL

SERUM ALPHA-1-ANTRYPSIN CONCENTRATION:

100-190 mg/dL

### Interpretation

Elevated alpha-1-antitrypsin (AAT) clearance suggests excessive gastrointestinal protein loss. The positive predictive value of the test has been found to be 97.7% and the negative predictive value is 75%.

Patients with protein-losing enteropathies generally have AAT clearance values greater than 50 mL/24 hours and AAT fecal concentrations above 100 mg/dL.

Borderline elevations above the normal range are equivocal for protein-losing enteropathies.

### Cautions

In the absence of either a 24-hour fecal collection or a contemporary serum specimen, the fecal concentration of alpha-1-antitrypsin (AAT) can be used as a surrogate marker. The clearance test is preferred as it normalizes the large range of serum AAT concentrations and the variability in random fecal AAT concentrations.

When gastric loss of AAT is suspected (eg, Menetrier disease), AAT clearance is not a reliable indicator of protein loss as AAT is sensitive to pH less than 3 and rapidly destroyed. When gastric protein loss is suspected and the AAT clearance is normal, the recommendation is to repeat testing after starting an acid suppressive medication regime.

Urine contamination from patients with kidney failure and increased total protein may adversely affect fecal AAT concentration. Suggest catheterizing patient prior to collection if clinically indicated.

Quantitation of specific proteins by nephelometric means may not be possible in lipemic sera due to the extreme light scattering properties of the specimen. Turbidity and particles in the specimen may result in extraneous light scattering signals, resulting in variable specimen analysis.

### Supportive Data

Protein-losing enteropathy has been studied by intravenous injection of radioactive chromium chloride or labeled human serum albumin. The correlation between radiochromium and stool alpha-1-antitrypsin clearance has been measured with excellent correlation coefficients.

**Clinical Reference**

1. Florent C, L'Hirondel C, Desmazures C, Aymes C, Bernier JJ. Intestinal clearance of alpha 1-antitrypsin. A sensitive method for the detection of protein losing enteropathy. *Gastroenterology*. 1981;81(4):777-780
2. Crossley JR, Elliott RB. Simple method for diagnosing protein-losing enteropathies. *Br Med J*. 1977;1(6058):428-429
3. Perrault J, Markowitz H. Protein-losing gastroenteropathy and the intestinal clearance of serum alpha-1-antitrypsin. *Mayo Clin Proc*. 1984;59(4):278-279
4. Schmidt PN, Blirup-Jensen S, Svendsen PJ, Wandall JH. Characterization and quantification of plasma proteins excreted in faeces from healthy humans. *Scand J Clin Lab Invest*. 1995;55(1):35-45
5. Davidson NO: Intestinal lipid absorption. In: Yamada T, Alpers DH, Kaplowitz N, eds. *Textbook of Gastroenterology*. JB Lippincott; 2003:413
6. Rybolt AH, Bennett RG, Laughon BE, Thomas DR, Greenough WB 3rd, Bartlett JG: Protein-losing enteropathy associated with *Clostridium difficile* infection. *Lancet*. 1989;1(8651):1353-1355
7. Molina JF, Brown RF, Gedalia A, Espinoza LR. Protein losing enteropathy as the initial manifestation of childhood systemic lupus erythematosus. *J Rheumatol*. 1996;23(7):1269-1271
8. Umar SB, DiBaise JK. Protein-losing enteropathy: case illustrations and clinical review. *Am J Gastroenterol*. 2010;105(1):43-49
9. Levitt DG, Levitt MD. Protein losing enteropathy: comprehensive review of the mechanistic association with clinical and subclinical disease states. *Clin Exp Gastroenterol*. 2017;10:147-168
10. Murray FR, Morell B, Biedermann L, Schreiner P. Protein-losing enteropathy as precursor of inflammatory bowel disease: A review of the literature. *BMJ Case Rep*. 2021;14(1):e238802

**Performance****Method Description**

Immunonephelometry quantitates the alpha-1-antitrypsin (AAT) contained in a 24-hour fecal collection. From the concentration of feces and serum AAT, a 24-hour clearance is calculated. In the absence of a serum specimen or a timed fecal collection, an AAT fecal concentration will be reported. (Instruction manual: Siemens Nephelometer II Operations. Siemens, Inc; Version 2.4, 07/2019)

**PDF Report**

No

**Day(s) Performed**

Monday through Friday

**Report Available**

1 to 3 days

**Specimen Retention Time**

2 weeks

**Performing Laboratory Location**

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Mayo Clinic Laboratories - Rochester Superior Drive

## Fees & Codes

### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

### Test Classification

This test has been modified from the manufacturer's instructions. Its performance characteristics were determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the US Food and Drug Administration.

### CPT Code Information

82103 x 2

### LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
A1AFS	Alpha-1-Antitrypsin Clearance	93419-0

Result ID	Test Result Name	Result LOINC® Value
AAT24	Alpha-1-Antitrypsin, 24 Hr, F	9407-8
CRCLR	Clearance	18271-7
AATS	Alpha-1-Antitrypsin, S	6771-0